



ADVANCED DRIVING COURSE

- the aspiration for a perfect drive -

The Need for Advanced Driver Training

Our roads have become a battle field - countless skirmishes are fought for a better position on the road or just to be faster, irrespective if the traffic situation or the road would allow a higher speed. Driving on our roads has almost become a matter of survival. The application of Advanced Driving Techniques has become the key to excellent driving performance and to a sensible understanding of the personal, technical and environmental limitations enabling the driver to take a proactive approach to driving and to be able to successfully negotiate all potential road and traffic hazards.

Historical Note on Advanced Motoring

Advanced motoring techniques were already developed in the early thirties of the 20th century on private initiative. These private initiatives were soon adopted by the London Metropolitan Police as their training standard. The Institute of Advanced Motorists was formed in Great Britain in 1956 with the aim to introduce these training standards to the general public. The Institute of Advanced Motorists of South Africa was the first organisation outside of Great Britain. Since 1960 the Advanced Driving Course has changed from the mere application of advanced driving techniques to a course covering all aspects of driving in a holistic approach.



Structure of the Advanced Driving Course

The Advanced Driving Course consists of three phases.

PHASE 1:

A four hours theory session is focussing to change the driver's attitude to a responsible driver with a high knowledge of defensive and advanced driving techniques.

Some of the subjects covered are:

driver attitude, inspection of the vehicle, professional use of the controls, defensive driving techniques and the management of time and space, risk assessment and management, system of vehicle control, creating and improving awareness, cornering, skid avoidance and skid control.

The theory session is followed by a practical in-car tuition for approximately 1 hour where the methods learned are applied for the first time. The in-car tuition is done in the car, which the candidate usually drives.

PHASE 2:

During a period of 3 to 4 weeks the candidate will have time to learn and to apply the methods and in such way to change habits and attitude. Assistance is available if required.

PHASE 3:

The Advanced Driving Test - again in the car of the candidate - is conducted on public roads. The driving test is followed by an in-depth discussion of the driving performance of the candidate.

The successful candidate is awarded the IAM Advanced Driving Certificate.

Heavy Motor Vehicles and Special Vehicles

The training for heavy and special type of vehicles follows the above format. The in-car tuition, however, is extended by an additional hour.



Hijack Prevention



Hijack prevention is part of the theoretical and practical training and includes operational methods and techniques of hijackers and preventive measures to be followed.

Introducing Advanced Motoring to the Motorists of Southern Africa in 1960